

An event for our Stage 2 to 6 CanSkaters to introduce competing in a fun and interactive environment!



## CanSkate Event - Saturday March 10<sup>th</sup> 2018

Robert French Memorial Stadium



**Our CanSkaters will perform four skating elements in front of their parents, an audience and coaches at a fun event just for them!**

CanSkate Event Level	Stage 2	Stage 3	Stage 4	Stage 5	Stage 6
<b>Current Level of Skater</b>	<b>Stage 2</b> (can have a max of two Stage 2 ribbons – no Stage 2 badge)	<b>Stage 3</b> (can have a max of two Stage 3 ribbons – no Stage 3 badge)	<b>Stage 4</b> (can have a max of two Stage 4 ribbons – no Stage 4 badge)	<b>Stage 5</b> (can have a max of two Stage 5 ribbons – no Stage 5 badge)	<b>Stage 6</b> (can have a max of two Stage 6 ribbons – no Stage 6 badge)
<b>Must have completed</b>	Stage 1 badge	Stage 2 badge	Stage 3 badge	Stage 4 badge	Stage 5 badge
<b>Elements to be assessed at the event</b>	<ul style="list-style-type: none"> <li>- Forward stop</li> <li>- Forward 2-ft sculling</li> <li>- Forward 2-ft turn</li> <li>- Backward 2-ft sit glide</li> </ul>	<ul style="list-style-type: none"> <li>- Forward circle thrusts</li> <li>- Backward 2-ft jump</li> <li>- 2-ft quick turn Forward→Backward Backward→Forward</li> <li>- Backward 2-ft sculling</li> </ul>	<ul style="list-style-type: none"> <li>- Backward circle thrusts</li> <li>- Backward 360° step turn</li> <li>- 2-ft jump Forward→Backward Backward→Forward</li> <li>- Forward inside slalom</li> </ul>	<ul style="list-style-type: none"> <li>- Forward 2-ft side stop</li> <li>- Backward push/glide sequence, full perimeter</li> <li>- Forward power jump</li> <li>- Forward crosscuts - figure-8</li> </ul>	<ul style="list-style-type: none"> <li>- Forward 1-ft side stop</li> <li>- Backward perimeter skating with crosscuts</li> <li>- Forward 180° step turn (mohawk)</li> <li>- Forward outside edges</li> </ul>
<b>Assessment Levels</b>	Merit, Bronze, Silver & Gold	Merit, Bronze, Silver & Gold	Merit, Bronze, Silver & Gold	Merit, Bronze, Silver & Gold	Merit, Bronze, Silver & Gold

CanSkaters will be assessed on elements they are practicing in their regular CanSkate sessions based on their current Stage level and will receive individual certificates indicating their overall performance based on a performance standard.

Skaters will be on the ice for approximately 20 minutes where they will have their group warm-up, practice time, two assessment circuits and an opportunity to be acknowledged by the audience in a group bow.

Skaters will be asked to arrive 30 min prior to their assessment.  
Certificate presentation will take place approx. 30 min after their assessment.

Cost is: \$20 for CBS Skating Club CanSkaters  
\$25 for skaters from other clubs  
(must be registered with Skate Canada)

Registration online at [www.CBSskatingclub.com](http://www.CBSskatingclub.com)

PreRegistration starts: Feb 14<sup>th</sup> for CBS Club Members. Registration will open up to all other club's CanSkaters on Feb 21<sup>st</sup>  
Registration concludes Feb 28<sup>th</sup> (or until registration is full)